

## Created To Be An Ezer: The Help Meet Dilemma

*And the LORD God said,  
It is not good that the man should be alone;  
I will make him an help meet...-Genesis 2:18*



My Oh My. How things can get lost in translation.

I am not sure if you can relate, but in the past, whenever I have heard the words *help meet*, I always felt so secondary.

Like God's afterthought.

"Is that all I am," I wondered, "Someone's *help meet*? And what in the world is a *help meet* anyways?"

But, to an all knowing God, there is no such thing as an afterthought.

He knew as He formed Adam with His hands, that He was hiding the beauty and strength of Eve deep inside of Him. And that He would only reveal after He made a very important point-That a world without woman is a world that is "not good."

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### The Purpose of A Woman

God said, "*I will make him a(n) ezer*" (Genesis 2:18).

Now, you will have to forgive me. I usually try not to get in to very minute details. But when we are talking about why God created you, I think it is more than necessary to be thorough.

So, here goes a quick lesson in Hebrew (-:

First off, the Hebrew language is very different from English.

A single word in the English language could represent several different words in the Hebrew language. Each individual Hebrew word would have a more in depth meaning than it's English counterpart.

There are different Hebrew words that we translate as *help*.

The Hebrew term "ezer" is actually based on an ancient word "azar." The Strongs Hebrew dictionary translates it as "to **surround**, i.e. **protect or aid**:--help, succour."



I personally had to look up the word succour. It means to be **the one who gives assistance in a time of great difficulty**.

If we look in the Bible for other instances when we see *ezer* used instead of other words that mean *help*, we see something very interesting.

It was usually used by believers who were in grave danger! They needed a special kind of *help*.

They needed to be **surrounded** with **protection**.

They needed the One who **gives assistance in a time of great danger**.

They needed an *ezer*!

*Our soul is escaped as a bird out of the snare of the fowlers  
the snare is broken, and we are escaped.*

*Our **help** [is] in the name of the LORD,  
who made heaven and earth.-Psalm 124:7,8*

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*Ye that fear the LORD, trust in the LORD:  
He is their **help** and their shield.-Psalm 115:11*

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And my personal favorite:

*I will lift up mine eyes unto the hills,  
from whence cometh my **help**.  
My **help** cometh from the LORD,  
which made heaven and earth. -Psalms 121:1 and 2*

After looking at those scriptures, and many others using the word, I personally think that the usual translation of *ezer* as "help meet" does not quite capture the true meaning of the word.

What do you think?

God has called you so much more than just a helper. Just like Eve, God created you because there was a serious problem. And, He uniquely designed you to fix it.

This world needs the gifts that God has stored on the inside of you.

Make no mistake. When God gave the commission to subdue the Earth, Eve was not excluded from the mandate!

*And God blessed **them**, and God said unto **them**,  
Be fruitful, and multiply, and replenish the earth,  
and subdue it: and have dominion..."-Genesis 1:28*

You are important to God, and you are important to the world. You have a strength and beauty all your own. Ask God to reveal it to you so that you can become the *Ezer* you were destined to be since the creation of the world.

**Women's Bible Study**  
**Created To Be An Ezer**

**Reflection Questions**

1. Has the term "help meet" ever bothered you? Why or why not?

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2. What changes about the way you see yourself when meditate on the idea of being an *ezer*?

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3. God has made each of us for a very specific reason. Have you given any thought to your God ordained destiny?

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