Psalm 91 Scripture Study Journal

Over the next week, you will be exploring the promises God has hidden in Psalm 91.

- Each day, read the day's scripture aloud to unleash the power of speaking God's Words.
- Meditate on the scripture throughout the day. Roll it over and over in your mind.
- At the end of the day, write down what you believe the scripture means to you personally. What has God revealed to you?

Day 1

Those who live in the shelter of the Most High
will find rest in the shadow of the Almighty. (Psalm 91:1-NLT)

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Day 2

This I declare about the LORD:
He alone is my refuge, my place of safety;
He is my God, and I trust Him.
For He will rescue you from every trap
and protect you from deadly disease. (Psalm 91:2, 3-NLT)

Meditate on this scripture throughout your day.
Then write down what God reveals to your heart.

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Day 3

He will cover you with his feathers.
He will shelter you with his wings.
His faithful promises are your armor and protection. (Psalm 91:4-NLT)

Meditate on this scripture throughout your day.
Then write down what God reveals to your heart.

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Day 4

Do not be afraid of the terrors of the night,
nor the arrow that flies in the day.
Do not dread the disease that stalks in darkness,
nor the disaster that strikes at midday.
Though a thousand fall at your side,
though ten thousand are dying around you,
these evils will not touch you.
Just open your eyes,
and see how the wicked are punished.(Psalm 91:5-8-NLT)

Meditate on this scripture throughout your day.
Then write down what God reveals to your heart.

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Day 5

If you make the LORD your refuge,
if you make the Most High your shelter,
no evil will conquer you;
no plague will come near your home.
For He will order His angels
to protect you wherever you go.
They will hold you up with their hands
so you won't even hurt your foot on a stone.
You will trample upon lions and cobras;
you will crush fierce lions and serpents under your feet! (Psalm 91: 9-13-NLT)

Meditate on this scripture throughout your day.
Then write down what God reveals to your heart.

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Day 6

The LORD says, "I will rescue those who love Me.
I will protect those who trust in My name.
When they call on Me, I will answer;
I will be with them in trouble.
I will rescue and honor them.
I will reward them with a long life
and give them My salvation." (Psalm 91:14-16-NLT)

Meditate on this scripture throughout your day.
Then write down what God reveals to your heart.

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Day 7

Psalm 91

1 Those who live in the shelter of the Most High
will find rest in the shadow of the Almighty.
2 This I declare about the LORD:
He alone is my refuge, my place of safety;
He is my God, and I trust Him.
3 For He will rescue you from every trap
and protect you from deadly disease.
4 He will cover you with His feathers.
He will shelter you with His wings.
His faithful promises are your armor and protection.
5 Do not be afraid of the terrors of the night,
nor the arrow that flies in the day.
6 Do not dread the disease that stalks in darkness,
nor the disaster that strikes at midday.
7 Though a thousand fall at your side,
though ten thousand are dying around you,
these evils will not touch you.
8 Just open your eyes,
and see how the wicked are punished.

9 If you make the LORD your refuge,
if you make the Most High your shelter,
10 no evil will conquer you;
no plague will come near your home.
11 For He will order His angels
to protect you wherever you go.
12 They will hold you up with their hands
so you won't even hurt your foot on a stone.
13 You will trample upon lions and cobras;
you will crush fierce lions and serpents under your feet! (NLT)

Now that you have been exploring the scripture for a week, read through it all together.
Write down any new revelations that come to your heart.

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