Freedom from Worry Scripture Memory & Meditation Cards

God wants your mind to be at peace!

These cards are small enough to carry in a pocket or purse. Read these scriptures aloud and meditate on them several times each day.

I Believe & Receive God's Word Regarding My Freedom from Worry

So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?'
These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs.

Seek the Kingdom of God above all else, and live righteously, and He will give you everything you need.

- Matthew 6:31-33 (NLT)

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- Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Philippians 4:8 (NLT)
- Cast all your anxiety on him because he cares for you -1 Peter 5:7 NIV

I Believe & Receive God's Word Regarding My Freedom from Worry

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. -Philippians 4:6-7 (NLT)

I Believe & Receive God's Word Regarding My Freedom from Worry

- Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world (1 John 4:4)
- The Lord God is my Strength, my personal bravery, and my invincible army. He makes my feet like hinds' feet and will make me to walk [not to stand still in terror, but to walk] and make [spiritual] progress upon my high places [of trouble, suffering, or responsibility]! (Habakkuk 3:19)