

*Becoming God's
Masterpiece*

Prayer Journal



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How to Get the Most Out of Your Daily Prayer Journal

*Pray in the Spirit at all times and on every occasion.
Stay alert and be persistent in your prayers
for all believers everywhere.*-Ephesians 6:18 (NLT)

Why This Prayer Journal Is So Important:

It can be tempting if time gets tight to skip over your daily prayer journal –Don't give in to that temptation! This course will do absolutely nothing for you without the power of God's Spirit working inside of you.

- One of the major agents of spiritual transformation is an intimate relationship with God. **Developing a habit and hunger for spending time in prayer each day** will help you to grow closer to God than you ever imagined, and totally transform your life!
- You are not the one who will transform you—Only God has that power. Praying is what unleashes that power into every area of your life.
- The Bible says that “When the Spirit of truth comes, He will guide you into all truth” (John 16:12-15 NLT). Using your daily prayer journal helps you to keep the Holy Spirit as your first teacher. He is the only one Who knows the wisdom and truth that you personally need to receive to take your relationship with God to a deeper level.

How To Use Your Prayer Journal:

Each of your Bible lessons is a 7 day journey. On *Day 1* you will complete that week's Bible study.

You will only be using your prayer journal on the days that you do not do a Bible Study—Days 2-7 of each week.

- On Days 2-7 of each week you will be given a prayer prompt to help you take what you are learning to God. This opens the door for Him to give you personal revelations on how it applies to your life and your relationship with Him.
- Spend 5-10 minutes writing out your prayer response in your journal. Pick a consistent time of day as your designated prayer time. It should be something that you feel you can stick with throughout the course.
Examples: First thing in the morning, before bed, at lunch, etc.

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What do you want to get out of this Bible study course? Stop and reflect for a second, then write out a prayer to the Lord listing the things that you would like for Him to do in you and with you through this course.

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box provided for writing a prayer.



If you are a Christian, that means that, as Paul said in Galatians 2:20, it is no longer you who lives, but Christ who lives in you. Take a moment and recommit yourself to Christ. Thank Him for sacrificing His life so that you have the honor of being molded into His image.

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box provided for writing a prayer.



In the lesson, we talked about how the little foxes can ruin the vineyard. Ask God to reveal any of those little foxes lurking in your life that you may not have noticed. Ask Him for the wisdom and strength to clear out any of the things that are separating you from Him.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



In the lesson we learned that, to move on from spiritual childhood, we must present ourselves to the Lord and ask Him to mold and transform us. Make a declaration to the Lord right now. Tell you once and for all that you are totally His, and ask Him to continue transforming you into His image.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



We are powerless to change ourselves. It is the power of God that transforms us. Invite God in to join you on this Bible study journey. Ask Him to use His Words to speak to you in a special way, and to guide you through the lessons and speak to your heart.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Ephesians 2:10 says that God has a vision for your life that He has prepared ahead of time. Do you know what it is? If you do, pray and ask God to give you a clearer vision and to begin changing you into that person He predestined you to be. If you do not have a vision yet, ask God to begin revealing His plan to you, and manifesting it in your life.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



In John 14:23, Jesus said that He and the Father will come and make their home with you. Jesus also said that the Holy Spirit would come to live inside of you, and be with you constantly. Invite God in to live with you through the power of the Holy Spirit. Ask God's Spirit to come and fill you up afresh and anew today, and become a part of your everyday life starting right now!

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Paul said in Philippians 3:10 that His determined purpose was to know God and to constantly be developing a deeper more intimate relationship with Him. Ask God to help you to see that as your purpose. Ask Him to guide you in fulfilling that purpose and growing closer to Him.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Jesus came to earth so that you could experience God with you, but Satan wants you to feel abandoned. Do you ever feel alone? Ask God to help you to sense His presence with you, even right now as you write this prayer, and every day.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



In John 14, Jesus promised that the Holy Spirit would be your Counselor, Helper, Intercessor, Advocate, Strengthener, and Standby. Pray and ask Him to be those things in your life. What do you need Him to be for you the most right now? Tell Him and express why you need Him so dearly.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, identical to the one on the left, intended for writing a prayer.



A friend is someone you know you can count on. They are someone who enjoys your company, and you enjoy theirs. Someone that you know, love and trust. Ask God to reveal Himself to you as the Friend that sticks closer than a brother.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



God is with you right now through the power of the Holy Spirit. What would you like to say to Him? He is your friend—Tell Him what is on your heart.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Regardless of how much you trust the Lord, you can always trust Him more. Pray and ask God to help you trust Him more. Ask Him to reveal any past hurts that you may be carrying that are impacting how much you do or do not trust Him.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box provided for writing a prayer.



Who is God to you? Thank God for exactly who He has been to you in your life. Be specific. Then, ask Him for a deeper revelation of Who He really is—His heart towards you and His nature.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box provided for writing a prayer.



El Tzur, God is your Rock—Your strength and your foundation. What area of your life do you need God to be El Tzur for you in right now ?

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box intended for writing a prayer.



God is your **El Olam**. He is everlasting and does not grow weary or change. What in your life is making you grow weary? Give it to El Olam. Ask Him to be your steadfastness in your weariness.

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box intended for writing a prayer.



God is **El Elyon**—He is the most high! No matter how big of a mountain you are facing in your life, He is higher. He is bigger than your circumstances! What huge circumstances do you need to take to El Elyon?

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box intended for writing a prayer.



We all need God to be our **El Shaddai**—Our All mighty and all sufficient God. God is more than enough to supply all of your needs. What needs do you feel you are currently unable to meet yourself? Give them to El Shaddai and ask Him to be your supplier.

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box intended for writing a prayer.



God told Moses that He had appeared to Abraham as El Shaddai (Almighty and All Sufficient God) but not as Jehovah God through acts and great miracles. Ask God to manifest Himself in your life as Jehovah, and to make that part of His character more real to you each day.

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box for writing a prayer.



God is **Jehovah Jireh** because He sees your needs. Is there a need you have that you need God to see. Present it to Him. Then take the time to worship Him for being Jehovah Jireh in your life regardless of your outward circumstances.

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box for writing a prayer.



Whether it be physically, emotionally, or spiritually, we all have some areas of our lives that need healing . That is why we need **Jehovah Rophe**. Present your specific areas of brokenness to God, and ask Him to reveal Himself to you as your Healer.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



We have all been through battles where **Jehovah Nissi** has been our banner of hope. Reflect on a time that God helped you through a battle. Praise Him for His grace and mercy at that point in your life. If you are going through a battle now, ask Him to reveal Himself to you as your Jehovah Nissi today.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



A few weeks ago, you prayed that God would reveal His vision for your life to you. Ask **Jehovah M’Kaddesh**, the Lord who sanctifies you and makes you holy, to consecrate and prepare you for your destiny in Him. Ask Him to continually make you clean and holy before Him.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Jehovah Shalom is your Peace. Tell God about the places of worry or strife in your life. Any places within yourself, or even with others, where you don’t have peace. Ask Him to be Jehovah Shalom for you in those places of secret turmoil.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



In the Bible, God reveals Himself as Abba or, in our modern language, Daddy. Ask God to make that revelation stronger to you. Ask Him to reveal Himself to your heart as your Daddy, and to help you grasp the closeness He wants the two of you to share.

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box for writing a prayer.



Ask God to reveal any areas in your life where you have put Him in the box of only being your Father, and have not received Him as your Daddy. Ask Him to show you how to make that mental transition.

Write Out Your Prayer to The Lord Below:

A large, empty rounded rectangular box for writing a prayer.



Ask God to reveal any parts of your relationship with your earthly father that have given you a distorted view of who He wants to be in your life. Ask Him to begin healing any past hurts that you are still carrying from your relationship with your father.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Ask God to help you to come to Him as a little child, just like He described in Mark 10:15. Ask Him to reveal any areas where you could have more childlike faith in Him and in His power. Pray for guidance as you try to develop that childlike relationship with Him.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, identical to the one on the left, intended for writing a prayer.



Pray and ask God to take away any hidden fears that you have carried about totally letting go of your life and handing it over to Him. Ask Him to reveal any of those hidden things, and show you how to give Him all of yourself without holding anything back.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



"For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and a hope." (Jeremiah 29:11 NLT) Ask God to take this promise from your head to your heart, and to help you believe it more than anything you see or experience in this natural world.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



The Psalmist wrote “AS THE hart pants and longs for the water brooks, so I pant and long for You, O God.” (Psalm 42:1-2 AMP). Do you hunger and thirst for God? Tell Him. Tell Him how much you long for Him, and ask Him to develop an even stronger thirst for Him inside of you.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Paul said that, compared to an intimate relationship with God, everything else may as well be garbage. Reflect on the things in your life that you have put more of a priority on than building your relationship with God. Share them with Him, and repent of your grave mistake. Ask Him to give you the strength and wisdom to learn how to put Him first.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, identical to the one on the left page, intended for writing a prayer.



A true worshiper worships God with their spirit. Ask God to reveal to your heart what that really means. Ask Him to guide you and teach you how to truly worship Him with your spirit—The very core and essence of your being—as He so desires you to.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Praise is being thankful for what God has done. Worship is being thankful for Who He is. Write out a prayer of worship to the Lord. Tell Him who He is to you and describe your love for Him.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Ask the Holy Spirit to teach you to pray. Ask Him to show you how to develop a *Lifestyle of Prayer* and to pray without ceasing. Invite Him in to talk to you throughout the day today, so that you can begin building that relationship with Him that you long to have.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Prayer is a two part conversation. Ask God to make His voice plain to you during your prayer time with Him. Ask Him to begin revealing any areas inside of you that have previously stunted your spiritual growth, and to give you the strength and power to give them over to Him once and for all.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



This week you will be asking God to begin showing you the areas that you have been hiding from Him. We are going to start with guilt.

Ask Him to show you instances where you have shied away from His presence because you felt unworthy to be in it.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Today, ask God to reveal any hurts or pains that you have experienced in the past that you have tried to stuff away. Wounds that have never properly healed that He would like to heal for you.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Today, ask God to show you any aspects of your character that are displeasing to Him but you have not confronted . Ask Him to bring specific examples of this behavior to your mind so that you have a clear understanding of what you are fighting against.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Ask God to show you any secret fears that you have hidden in your heart. Ask Him to reveal the true root of those fears and ways that they have impacted your life.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, identical to the one on the left, intended for writing a prayer.



Ask God to show you any problems in your life that, deep down, you blamed Him for. Things that left you questioning His desire or His ability to protect you.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Make a list of the hidden areas that you now recognize in your life—Big or small. Tell God that you are giving them over to Him once and for all. Ask Him to take those broken pieces, and reshape you into His image. Ask Him to guide you and show you how to truly give these things over to Him.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, identical to the one on the left, intended for writing a prayer.



Satan wants you to be focused on your own sins more than you are on Jesus' redemptive power. Ask God to convict you when you do this, and to help you to focus on the price Jesus paid for your righteousness.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Jesus carried your sins with Him, and they were all nailed to the cross. All of your mistakes have been forgiven. Ask God to show you how to receive that forgiveness and how to walk in His mercy and the peace that it provides.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, identical to the one on the left, intended for writing a prayer.



Blessed are the pure in heart: for they shall see God.—Matthew 5:8

Ask God to help you forgive yourself for your past sins and to see yourself as pure in heart, just as He now sees you.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Ask God to develop a truly repentant heart inside of you. A heart that desires nothing less than His perfect will and way for your life. Ask Him to make you more sensitive to His Spirit, so that you sense when you have grieved Him.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Ask God to make His unyielding love more real to you. Ask him to help you feel His love more deeply, powerfully, and completely than ever before.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Reflect on what Jesus redeemed you from on the cross. Take the time now to thank Him for what He did for you.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



It takes strength to face past wounds. Ask God to give you the strength you need to face the scars of your past. Are you afraid to dig those things up? Tell your Daddy. Don't hide your fear in shame, tell Him you need His help overcoming the fear you are feeling inside.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Many times we are harboring unforgiveness, and we do not even know it. Ask God to look inside of your heart and tell you if you are hiding unforgiveness inside.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, identical to the one on the left, intended for writing a prayer.



Forgiveness is not something that comes naturally. Ask God to show you how to truly forgive. Ask Him to soften your heart towards those who have hurt you, and to see past your own pain to theirs.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Take this time to pray to God on behalf of those people who have hurt you in the past. Regardless of how uncomfortable it feels, ask God to forgive them for hurting you, and to help them draw close to Him to be turned into the person they are destined to be.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Ask God to give you a fresh revelation within your heart about the spiritual battle between Him and Satan. Ask Him to help you understand why sometimes bad things happen to good people.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Paul said that He focused on one thing—releasing the past and receiving the future. Ask God to help you to do just that. To release all of the negative things from your past, and to enter into the future that He has in store for you in Him.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Tell God of your true desire to grow and mature spiritually. Ask Him to reveal any of your thoughts or emotions that have been stunting your spiritual growth.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



You are told not to be “conformed to this world” (Romans 12:2). Ask God to show you any areas within yourself where you are still struggling to be free from the way the world thinks. Ask The Holy Spirit to begin renewing your thoughts and attitudes as He promises in Ephesians 4:23-24.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box intended for writing a prayer.



Ask God to reveal any of Satan's lies that you have been believing. Ask Him to clearly show you the areas where you have accepted the devil's lies as truth, and the affects that these negative thoughts and emotions have had on your life.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Ask God to give you the gift of discernment so that you are able to recognize the devil's lies when you hear them. Ask Him to give you the strength to resist Satan's lie, and the discipline to always seek out His Word so that you can replace the lies with His truth.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Ask God to fill your heart with such a desire for His will in your life, that your emotions and thoughts no longer sway you. Ask Him to help you love Him even more, and to be more committed to His perfect plan and desires for you.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.



Ask God to help you to apply the things you have learned throughout this course to your everyday life with Him. Ask Him to continue to commune with you as He has since you began these lessons, and invite Him to officially take control of your life.

Write Out Your Prayer to The Lord Below:

A large, empty, rounded rectangular box with a thin black border, intended for writing a prayer.

What's On Your Heart?

Write out one final love letter to the Lord.
Open up and share with Him from the depths of your heart.

Write Out Your Prayer to The Lord Below:

Developing a Habit of Prayer



One of the major reasons that this prayer journal was made an integral part of the ***Becoming God's Masterpiece*** Bible study program is to help you develop a habit and hunger for prayer.

I really hope that you will not stop your daily prayer routine after today, but will use this as a stepping stone to an even better prayer life.

For a free eCourse on *Developing a Lifestyle of Prayer*, visit
<http://www.hem-of-his-garment-bible-study.org/Bible-studies-on-prayer.html>